

This side to be completed by parent/guardian  
 The backside is to be completed by approved health care provider

### HEALTH ASSESSMENT FOR CHILDREN AND YOUTH

Physical exams are required for all new students to Kansas schools and students entering Kindergarten,

Name: _____	Birthdate: _____	Male/Female: _____
Address: _____	City: _____	Zip: _____
Parent/Guardian: _____	Phone: Work: _____	Home: _____
Child lives with: _____	Phone: Work: _____	Home: _____
Number in household: _____	Eye Doctor: _____	
Physician: _____	Dentist: _____	

**FAMILY HEALTH HISTORY TO BE COMPLETED BY PARENT/GUARDIAN**

Response Codes: M = Maternal P = Paternal S = Sibling NA = Not Applicable

1. Are there any chronic illness problems in your family such as heart disease, diabetes, cancer, convulsions, mental illness, substance abuse, or others? Comment? \_\_\_\_\_

2. Does any family member have a vision defect, hearing loss or spinal deformity? Comment? \_\_\_\_\_

**CHILD/ADOLESCENT HISTORY**

Response Codes: Y = Yes N = No NA = Not Applicable

1. Birthweight: \_\_\_\_\_ Were there any pre-natal or delivery problems with the child? \_\_\_\_\_

2. Did this child walk, talk, and develop at the usual time? \_\_\_\_\_

3. Did this child/adolescent:

- a. See a health care provider regularly? \_\_\_\_\_
- b. Use any medication, drugs or alcohol? \_\_\_\_\_
- c. Have a history of any hospitalizations, surgeries or emergency room visits? \_\_\_\_\_
- d. Have a history of any childhood diseases/illnesses? \_\_\_\_\_
- e. Have a history of other communicable diseases? \_\_\_\_\_
- f. Age menarche: \_\_\_\_\_ Have a history of menstrual problems? \_\_\_\_\_
- g. Have a history of vision, speech, hearing or communication problems? \_\_\_\_\_
- h. Have a problem with being tired or overactive? \_\_\_\_\_
- i. Have any emotional or behavioral problems? \_\_\_\_\_
- j. Need any special help in school or day care? \_\_\_\_\_

Code	Comment

I. Have any chronic illness or disabling problems with:

Headache: _____	Convulsions: _____	Diabetes: _____	Earaches: _____	Back/spine: _____	Colds/sore throat: _____
Asthma: _____	Oral/dental: _____	Allergies: _____	Digestive: _____	Extremity problems: _____	
Urinary/bowel: _____	Heart/lung disease: _____	Other: _____			

PLEASE DESCRIBE ABOVE PROBLEMS AND ANY OTHER HEALTH CONCERNS.  
 \_\_\_\_\_

PLEASE LIST CURRENT MEDICATIONS.  
 \_\_\_\_\_

Name \_\_\_\_\_

Immunization:	Record date of each dose received (mm/dd/yy)							1st	2nd	3rd
	1st	2nd	3rd	4th	5th	6th		1st	2nd	3rd
DTaP (Diphtheria, pertussis, tetanus)							MMR (Measles, Mumps, Rubella)			
Td/DT/Tdap							Hep B (Hepatitis B)			
OPV or IPV (Polio)							Varicella (Chicken Pox)			
HIB (Hemophilus influenza B)							Hep A			

The above immunizations have been verified by the following: \_\_\_\_\_

Signature of physician or other qualified person

**PHYSICAL EXAMINATION: TO BE COMPLETED BY APPROVED HEALTH CARE PROVIDER.**

Height \_\_\_\_\_ Weight \_\_\_\_\_ Hgb or Het \_\_\_\_\_  
 Pulse \_\_\_\_\_ Blood Pressure \_\_\_\_\_ Lead \_\_\_\_\_  
 Urinalysis \_\_\_\_\_ Sickle Cell \_\_\_\_\_ TB \_\_\_\_\_

Code Each Item as Follows: 0=No sig. findings 1=Significant findings	Code	Description of Findings
General Appearance		
Integument		
Head - Neck		
EENT		
Oral - Dental		
Thorax		
Breasts		
Cardiovascular		
Abdomen		
Musculoskeletal		
Genitourinary		
Neurological		

**SCREENING**

- Nutritional Evaluation - Results \_\_\_\_\_
- Development: Type of screen \_\_\_\_\_ Results \_\_\_\_\_
- Speech: Type of screen \_\_\_\_\_ Results \_\_\_\_\_
- Hearing: Type of screen \_\_\_\_\_ Results \_\_\_\_\_ Date of last screen \_\_\_\_\_
- Vision: Type of screen \_\_\_\_\_ Results \_\_\_\_\_ Date of last screen \_\_\_\_\_

**Significant Assessment Findings:**

**Anticipatory Guidance:** (circle those discussed)

- |                    |                |
|--------------------|----------------|
| 1. Safety          | 8. Lifestyle   |
| 2. Nutrition       | 9. Development |
| 3. Parenting       | 10. Behavior   |
| 4. Family Planning |                |
| 5. Discipline      | 12. Dental     |
| 6. Immunizations   | 13. Other      |
| 7. Hygiene         |                |

**Recommendations:** (to parents, teachers -- include any referrals)

Comments:

**Follow Up:**

**RECOMMENDATIONS FOR PHYSICAL EDUCATION:**

Full program \_\_\_\_\_ Restricted (explain) \_\_\_\_\_  
 No participation (explain) \_\_\_\_\_

Additional information may be attached.

Date \_\_\_\_\_ Signature of Physician or Nurse approved to perform health assessments

**Medication may be given at school only with a signed physician order and brought to school in the original container.**